

# NURTUREher

## WHY NURTUREher RETREAT IS SUCH GREAT VALUE!

**SAVE UP TO \$2405 WITH NURTUREher RETREATS**

With more inclusions!

INCLUSIONS	OTHER RETREAT	NURUTREher
5 nights accommodation	✓	✓
Daily breakfast	✓	✓
Daily lunch	✓	✓
Welcome gift	✓	✓
Welcome drinks	✓	✓
Massage / Pamper session	✓	✓
Mediations	✓	✓
Workshops	✓	✓
Yoga	✓	✓
Balinese Temple visit	✓ Tirta Empul (high tourist)	✓ Sebatu (more traditional)
Rice Field Walk	✓	✓
Use of Shala	✓	✓
Use of gym	✓	✗
Welcome canape	✓	✗
Shuttle bus	✓	Not required
Tour guide	✗	✓
Transport from Airport to Retreat	✗	✓
Transport to Legian	✗	✓
Self care Station	✗	✓
Daily afternoon tea	✗	✓
10 min Foot treatment	✗	✓
10% of inhouse spa treatments	✗	✓
Pre retreat consultation	✗	✓
Post retreat consultation	✗	✓
4 week email series for support and integration	✗	✓
Retreat handbook and Bali guide	✗	✓
Private facebook group	✗	✓
Small group retreat	✗	✓
	Single room: \$4,500 Twin share: \$3700	Single room: \$2095 Twin share: \$1895

Standard single: **Save \$2405** with Nurtureher early bird rate

Standard twin: **Save \$1805** with Nurtureher early bird rate